



The Bod Squad: The Bodies



- 14 x 3 minutes
- Ages 6-11

For more information, contact:

TVO Sales and Licensing

Tel: 416.484.2613

Fax: 416.484.2896

E-mail: tvosales@tvo.org

Web site: www.tvo.org/sales



makes you think

TVOKids' cool ambassadors of healthy nutrition – The Bod Squad – have entered cyberspace, taking kids into the strange and wonderful virtual universe of *The Bodies*. With the help of Master Control's menu planners and wise words on how to stay active, "Healthyboy" writes computer programs to keep his unique and colourful characters Harmony, Flex, Tutu, and Picassa healthy and happy.

The series' short, lively episodes explore healthy habits and motivate children to adopt simple ways to maintain high energy levels throughout the day: for instance, eating a varied mix from the various food groups, drinking water, eating breakfast, and exercising. As the title song conveys, the four characters learn how to "look after their bodies" so they can paint a canvas, dance a pirouette, sing a song, roller blade, and grow to their fullest potential.

This converged resource brings together video and online activities that will appeal to varied learning styles.