

The Bod Squad: The Bodies

Grades K to 4

14 programs / 3 minutes / web Year of Production: 2005

In this innovative series, children enter the quirky, virtual universe of *The Bodies*, where Tim, aka "Healthyboy", is playing a video game. With the help of Master Control's menu planners and wise words on how to stay active, Healthyboy writes programs to keep his characters, Harmony, Flex, Tutu, and Picassa, happy and healthy in their electronic world. Young audiences learn about beneficial habits, and discover easy ways to stay energetic throughout the day, such as eating from the various food groups, drinking water, having breakfast, and staying active.

Resource Materials: A micro-web site with educational games and activities is available. Contact us for information on branding this resource for use on your site. A teacher's guide is also available.

Programs

Unhappy Birthday

BPN 865849

The Bodies are caught in a birthday loop, eating cake and playing pin the tail on the donkey for 12 hours, leading to an unhappy birthday. (2:50)

Bedtime Bodies

BPN 865850

Healthyboy tells stories of when The Bodies were small. (2:50)

Oh No, No Go

BPN 865851

The Bodies are blocked from a lack of fibre in their diets. (2:50)

Body Woddies

BPN 865852

The Bodies learn moderation when it comes to eating treats. (2:50)

Sunshine Days

BPN 865853

The Bodies find new ways to get vitamin D into their diets. (2:50)

Flex on the Go

BPN 865854

Flex is so active that he sometimes forgets to eat. The Bodies help him get the nutrition he needs. (2:50)

Bodies School

BPN 865855

The Bodies go to school and get a B12 in nutrition. (2:50)

Water the Bodies

BPN 865856

Healthyboy gives The Bodies a rigorous exercise routine and then needs to increase their fluid intake. (2:50)

Artist Block

BPN 865857

Picassa is blue from eating nothing but foods that are green. (2:50)

Iron Inside

BPN 865858

The Bodies are feuding and need to get some iron inside. (2:50)

Breakfast Blues

BPN 865859

Healthyboy and The Bodies need fuel to kick-start their mornings. (2:50)

Trouble With Tutu

BPN 865860

Tutu hurts her arm and heals fast from being healthy. (2:50)

Hunger & Lightning

BPN 865861

The power is out and it causes some bugs in The Bodies system. (2:50)

Disco Cheese

BPN 865862

The Bodies learn some cheesy dance moves. (2:50)

